

NORTH COUNTRY



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FOOD BANK, INC.

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Volunteer make a real difference at North Country Food Bank!

Crookston, MN – November 22, 2016 – The fight against hunger in northwest and west central Minnesota received strong support today from the Crookston community. Last week, volunteers rolled up their sleeves, pitched in, and provided more than 150 hours of service, setting a food bank record.

The holidays are one of the busiest times of year at the food bank, and a time when volunteer help is really needed. The volunteers spent their time packing more than 2,350 food boxes for low-income senior citizens, 2,960 backpack bags for children who struggle with hunger, and repacking several totes of fruit for distribution through emergency feeding programs across North Country's 21 county service area in northwest and west central Minnesota. Some of the groups that spent time helping at the food bank last week include: Crookston Fire Department; UMC Football; UMC Trap Club; UMC LYM; UMC CFFA; Riverview, UMC Staff; UMC GEMS; and UMC Study Abroad.

"There are thousands of hard-working adults, children and seniors who simply cannot make ends meet and are faced with impossible choices during the holiday season," said Susie Novak, North Country's executive director. "We are very grateful for the support of the many volunteers who did not hesitate to jump in and help out at the food bank last week. We could not do the work we do without them," said Novak. For more information on how to get involved in the fight against hunger, please visit www.northcountryfoodbank.org

About North Country Food Bank, Inc.

North Country Food Bank, Inc. distributes over 7.2 million pounds of food annually to more than 220 hunger-relief agencies in a dedicated partnership to end hunger in northwest and west central Minnesota. North Country Food Bank was established in 1983, and has served communities in northwest and west central Minnesota for more than 33 years. For more information about North Country Food Bank, please visit www.northcountryfoodbank.org or call 218-281-7356.

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